

Hemkunt Express/14610 - Exp - NR
SASN/SAS Nagar Mohali to YNRK/Yog Nagari Rishikesh
6h 38m - 236 km - 8 halts - Departs Daily

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|----|------|---------------------------|---------|-----|-------------|-----|------|----|-----|-----|-----|-----|------|
| 1 | SVDK | SMVD Katra | | | 16:40 | | | 3 | 1 | 0 | 59 | 814 | NR |
| 2 | MCTM | MCTM Udhampur | 17:05 | | 17:07 | | 2m | 0 | 1 | 25 | 39 | 660 | NR |
| 3 | JAT | Jammu Tawi | 18:28 | | 18:35 | | 7m | 2 | 1 | 78 | 59 | 344 | NR |
| 4 | SMBX | Samba | 19:08 | | 19:10 | | 2m | 1 | 1 | 110 | 63 | 366 | NR |
| 5 | HRNR | Hira Nagar | 19:24 | | 19:26 | | 2m | 2 | 1 | 125 | 69 | 382 | NR |
| 6 | KTHU | Kathua | 19:51 | | 19:53 | | 2m | 2 | 1 | 154 | 38 | 393 | NR |
| 7 | PTKC | Pathankot Cantt | 20:30 | | 20:35 | | 5m | 1 | 1 | 177 | 72 | 326 | NR |
| 8 | MEX | Mukerian | 21:08 | | 21:10 | | 2m | 1 | 1 | 217 | 52 | 257 | NR |
| 9 | DZA | Dasuya | 21:28 | | 21:30 | | 2m | 1 | 1 | 232 | 33 | 246 | NR |
| 10 | TDO | Tanda Urmar | 21:58 | | 21:59 | | 1m | 2 | 1 | 247 | 52 | 248 | NR |
| 11 | JRC | Jalandhar Cantt. Junction | 22:48 | | 22:53 | | 5m | 3 | 1 | 290 | 75 | 236 | NR |
| 12 | LDH | Ludhiana Junction | 23:35 | | 23:45 | | 10m | 1 | 1 | 342 | 48 | 257 | NR |
| 13 | SASN | SAS Nagar Mohali | 01:50 | | 01:52 | | 2m | 1 | 2 | 443 | 24 | 312 | NR |
| 14 | CDG | Chandigarh Junction | 02:20 | | 02:30 | | 10m | 2 | 2 | 454 | 67 | 331 | NR |
| 15 | UMB | Ambala Cantt. Junction | 03:10 | | 03:15 | | 5m | 2 | 2 | 499 | 80 | 273 | NR |
| 16 | YJUD | Yamunanagar-Jagadhri | 03:53 | | 03:55 | | 2m | 2 | 2 | 550 | 60 | 274 | NR |
| 17 | SRE | Saharanpur Junction | 04:25 | | 04:35 | | 10m | 4 | 2 | 580 | 43 | 275 | NR |
| 18 | RK | Roorkee | 05:23 | | 05:28 | | 5m | 1 | 2 | 615 | 27 | 269 | NR |
| 19 | HW | Haridwar | 07:00 | | 07:10 | | 10m | 2 | 2 | 656 | 23 | 314 | NR |
| 20 | RWL | Raiwala Junction | 07:39 | | 07:41 | | 2m | 1 | 2 | 668 | 32 | 551 | NR |
| 21 | VRH | Virbhadra | 07:53 | | 07:55 | | 2m | 1 | 2 | 674 | 9 | | NR |
| 22 | YNRK | Yog Nagari Rishikesh | 08:30 | | | | | 0 | 2 | 679 | - | 386 | NR |